



July 2026

Catholic Charities Adult Day Services
 50 Broad Street * San Francisco, CA * 94112
 Phone: (415) 452-3500






Daily Schedule:

- 9:40-10:30 -- Morning Social & Snack
- 10:30-11:15 -- Exercise Group
- 11:15-12:00 -- This Day in History, Word Games, & Number Games
- 12:00-1:00 -- Lunch
- 1:00-1:25 -- Hand/Eye Coordination Game & Walking Group
- 1:25-1:50 -- Creative Arts Activity
- 1:50-2:15 -- News & Views
- 2:15-2:40 -- Afternoon Social & Snack



**Paul,
 Adela,
 & Phil!**

Monday	Tuesday	Wednesday	Thursday	Friday
	 Happy 4th of July	1 Ring Toss States & Capitals	2 "Hot Dogs & High Notes" Fourth of July Party!	3 Fourth of July ~Center Closed~
6 Kickball Arts & Crafts	7 Glitter Ball Pitch Riddle Time	8 Montara Beach Field Trip	9 Todd & Friends Jazz!	10 SPCA with Ranger Town Hall
13 Balloon Circle Puzzle Fun	14 Peter on the Guitar!	15 Bean Bag Toss Spot the Difference	16 Movie Matinee: "Meet the Fockers"	17 Dart Ball Sing-along!
20 Beach Ball Fun Jewelry-making	21 Marian & Mike Entertain!	22 Rolling Ball Town Hall	23 Knock Down Cans What Am I?	24 Mussel Rock Field Trip
27 Octoband Fun Pictionary	28 Balloon Volleyball Trivia Time	29 Ladder Golf Karaoke!	30 Paul on the Piano!	31 Target Bull's Eye Pantomimes
This program serving the community is funded by:  SAN FRANCISCO HUMAN SERVICES AGENCY Department of Disability and Aging Services				

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.