



June 2026

Catholic Charities Adult Day Services
 50 Broad Street * San Francisco, CA * 94112
 Phone: (415) 452-3500



Daily Schedule:

- 9:40-10:30 -- Morning Social & Snack
- 10:30-11:15 -- Exercise Group
- 11:15-12:00 -- This Day in History, Word Games, & Number Games
- 12:00-1:00 -- Lunch
- 1:00-1:25 -- Hand/Eye Coordination Game & Walking Group
- 1:25-1:50 -- Creative Arts Activity
- 1:50-2:15 -- News & Views
- 2:15-2:40 -- Afternoon Social & Snack



**Barbara
 Pauline
 Michael !**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Target Bull's Eye Pictionary	2 Todd & Friends Jazz!	3 Ring Toss Town Hall	4 Jeff The Crooner!	5 Sharp Park Field Trip
8 Balloon Circle Arts & Crafts	9 Glitter Ball Pitch States & Capitals	10 Dart Ball Sing-along!	11 Paul on the Piano!	12 SPCA with Ranger Fort Funston Field Trip
15 Kickball Town Hall	16 Balloon Volleyball On Lok Nutrition with Kristin	17 Bean Bag Toss Spot the Difference	18 Juneteenth Story Father's Day Party!	19 JUNETEENTH CENTER CLOSED
22 Beach Ball Fun Jewelry-making	23 Rolling Ball Bingo!	24 Movie Matinee: <i>Cheaper by the Dozen</i>	25 Knock Down Cans Trivia Time	26 Ladder Golf Karaoke!
29 Octoband Fun Pantomimes	30 Marian & Mike Entertain!			
This program serving the community is funded by:  SAN FRANCISCO HUMAN SERVICES AGENCY Department of Disability and Aging Services				

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.