



April 2026

Catholic Charities Adult Day Services
 50 Broad Street * San Francisco, CA * 94112
 Phone: (415) 452-3500



Daily Schedule:

- 9:40-10:30 -- Morning Social & Snack
- 10:30-11:15 -- Exercise Group
- 11:15-12:00 -- This Day in History, Word Games, & Number Games
- 12:00-1:00 -- Lunch
- 1:00-1:25 -- Hand/Eye Coordination Game & Walking Group
- 1:25-1:50 -- Creative Arts Activity
- 1:50-2:15 -- News & Views
- 2:15-2:40 -- Afternoon Social & Snack



Kurlene,
 Diane,
 Corine
 & Fanny

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Putt-Putt Golf Riddle Time	2 STAFF RETREAT CENTER CLOSED	3 GOOD FRIDAY CENTER CLOSED
6 Balloon Circle Spot the Difference	7 Lake Merced Field Trip	8 Target Bull's Eye Town Hall	9 Rolling Ball Game Name Five	10 Knock Down Cans Trivia Fun
13 Kickball Travel to China	14 Peter on the Guitar!	15 Basketball Name That Tune	16 Balloon Volleyball Bingo!	17 Glitter Ball Pitch Karaoke
20 Bean Bag Toss Jewelry-making	21 Bowling Pantomimes	22 McNab Lake Field Trip Earth Day Trivia	23 Ring Toss Town Hall	24 Dart Ball Sing-along!
27 Ping Pong Fun Pictionary	28 Ladder Golf States & Capitals	29 Movie Matinee: "My Big Fat Greek Wedding"	30 Paul on the Piano!	
This program serving the community is funded by: SAN FRANCISCO HUMAN SERVICES AGENCY Department of Disability and Aging Services				

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.