



# Catholic Charities Eagleson Equestrian Center

## About

Catholic Charities Eagleson Equestrian Center helps children, teens and adults facing behavioral challenges find a new path. Our staff offer caring support and guidance to help clients develop pro-social skills, confidence, emotional intelligence, frustration tolerance and resilience.

Animals have a unique ability to connect with people of all ages, especially those dealing with trauma. The Center houses horses, chickens, goats, a guinea pig, and barn cats in an idyllic setting, making it a calm and supportive environment for vulnerable populations who do not often have access to the outdoors.

Natural Lifemanship Level 2 trained equine professionals oversee activities, helping clients groom, care for, and sometimes ride the horses.

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## Services

- Individual Equine Assisted Services
- Group Equine Assisted Services
  - Each consists of teaching horse care (feeding, grooming), horse skills (leading, riding) as well as social-emotional skills (relationship building, collaboration, empathy).
- Fee For Service programs
- Team Building Retreats

## 2025 Impact Stats

**67**

clients ages 6-56 served (42 children, 25 adults)

**285**

Group Equine-Assisted Service Hours provided

**22**

Individual Equine-Assisted Service Hours provided