



Catholic Charities

Carl Gellert & Celia Berta Gellert Foundation

Adult Day Services of San Mateo

About

Catholic Charities Carl Gellert and Celia Berta Gellert Foundation Adult Day Services, San Mateo County is a licensed program that provides safe, supervised, therapeutic care in a friendly environment for seniors and adults with disabilities who experience losses in physical function, memory, or social support.

Through mentally and physically stimulating activities, the program enhances participants' quality of life and increases their independence while providing support and respite to family caregivers.

The program hosts a monthly caregiver support group and a monthly Memory Cafe where newly diagnosed seniors and their care partners can connect with others sharing similar experiences. Adult Day Services is a reliable, more affordable alternative to in-home care or placement in an assisted living facility.

Services

- Supervised activities tailored to meet the level of cognitive function for seniors and adults with disabilities
- Hot nutritious lunch and snacks
- Personal care assistance
- Extended care in early morning or afternoon outside daily programming hours
- Caregiver education, support groups, information, and referral

2025 Impact Stats

44

total number of clients with dementia or other diagnosis served

49

family members served

13,664

total hours of caregiver respite provided

976

caregivers in San Mateo County assisted with counseling, information, and referrals

503

number of counseling, information, and referral Hours provided to caregivers

11

caregiver support group meetings held

12

Memory Café meetings held

81

Total client attendance at the Memory Cafés