



Catholic Charities Adult Day Services San Francisco

About

Catholic Charities Adult Day Services San Francisco is a licensed program offering a safe, supervised, therapeutic, and friendly environment for seniors and adults with disabilities who have lost physical function, memory, or social support. Through mentally and physically stimulating activities, the program enhances participants' quality of life and increases their independence while supporting family caregivers. Adult Day Services is a reliable and affordable alternative to in-home care or placement in a residential facility.

Located within our Adult Day Services San Francisco, the Catholic Charities Alzheimer's Day Care Resource Center offers a safe, structured setting for seniors with moderate to late-stage Alzheimer's, dementia, and adults with disabilities. Participants engage in social, educational, and recreational activities, providing stability and consistency for them and their families.

Services

- Supervised activities tailored to meet the level of cognitive function for seniors and adults with disabilities
- Hot nutritious lunches and snacks
- Personal care assistance
- Extended care early morning or afternoon outside daily programming hours
- Caregiver respite, guidance, information, and referral

2025 Impact Stats

40

total number of clients with dementia or other diagnosis served

14

family members served

13,415

total hours of caregiver respite provided

1,196

caregivers in San Francisco County assisted with counseling, information, and referrals

450

counseling hours provided to caregivers

7

caregiver support group meetings held