

<h1>JANUARY 2026</h1>					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year Resolutions Parachute Drumming Circle Tic Tac Golf Pickleball Dance to 50s Music	
5 Epiphany	6 Caregiver Support Group	7 Burlingame Memory Café	8 Pet Therapy	9	2
Crosswords Shuffleboard Horseshoes Crochet & Knitting Chair Yoga Hot Potato	Outburst Basketball Cup Bowling Aromatherapy Water Bottle Exercise Arts & Crafts	Mindbenders Target Games Ring Toss Name That Tune Scarves Exercise Word in a Word	Deal or No Deal Corn Hole Volleyball Poetry Group Water Coloring Jigsaw Puzzles	Spin The Arrow Price Is Right Floor Bowling Spin The Arrow BINGO Dance to 60s Music	
12	13	14	15 Pet Therapy	16	3
Family Feud Balloon Ping-Pong Color Pin Bowling Scrapbooking Sewing Group Dance to 70s Music	Guesstures Pickleball Golf Tournament Corn Hole Manicure Group Hot Potato	Mad Gabs Trivia Baseball Horseshoes Bocce Ball Exercise Bands Arts & Crafts	Price Is Right Ball Toss Shuffleboard Spin The Arrow Scarves Exercise Water Coloring	Story Telling MLK Jr History Day Tic Tac Toe Target Games Sing Along Dance to Disco Music	
19 Program Closed	20	21	22 Pet Therapy	23	4
	Beach Volleyball Ring Toss 90's Trivia Chair Zumba Bean Bag Toss Parachute	Basketball Dragon Coloring Putt Putt Golf Bowling Competition Hot Potato Dance to 50s Music	Bocce Ball Colored Pins Bowling Target Games Aromatherapy Arts & Crafts Crosswords	Pickle Ball Cup Bowling Wheel Of Fortune Parachute Spin The Arrow Dance to Motown Music	
26	27 Holocaust Memorial Day	28	29 Pet Therapy	30 Golden Tones Chorus	5
Birthdays, Anniversaries, etc. Happy New Year 1/1 "S" Alicia V. 1/15 Martin Luther King Day 1/19 Phyllis T. 1/22 Hideki S. 1/29	Hangman 4 In A Row Floor Bowling Corn Hole Parachute Dance to 50s Music	Word Scramble Outbursts Target Games Creative Arts Exercise Bands Dance to Motown Music	Crosswords Baking Cookies Bean Bag Toss Colored Pins Bowling Dragon Dance Chinese Arts & Crafts	Outbursts Pickleball Cup Bowling Spin The Arrow Wheel of Fortune Hot Potato	Deal Or No Deal Volleyball Ball Toss Knitting & Crochet Water Bottle Exercise Dance to 80s Music
<p>Activities at the Catholic Charities Adult Day Services are provided five (5) days per week. We offer a variety of activities that spark excitement in our senior's lives. They are based on our senior's capabilities, physical health and behavioral status - and of course, their personal preferences. We schedule activities that encourage our seniors to create, communicate, reminisce, and celebrate - as well as special activities to stimulate our younger population.</p>					

