



Catholic Charities Adult Day Services
50 Broad Street * San Francisco, CA * 94112
Phone: (415) 452-3500



Daily Schedule:

9:30-10:30 -- Morning Social & Snack

10:45-11:30 --- Chair Exercises

11:30-12:00 -- History, News & Mind Games

12:00-1:00 --- Hot Lunch

1:00-1:45 --- Physical Games

1:45-2:30 --- Creative Arts, Bingo, Trivia

2:30-2:40 -- Afternoon Social & Snack





December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Decorating our Christmas Tree!	2 Bowling Name Five	3 Jeff the Crooner!	4 Holiday Party ~ Paul on the Piano!	5 Ping Pong Fun Rjddle Time
8 Balloon Circle Pictionary	9 Putt-Putt Golf Town Hall	10 McNab Lake Field Trip	11 Glitter Ball Pitch Town Hall	SPCA with Ranger Holiday Sing-along!
15 Kickball Spot the Difference	16 Rolling Ball Double O Words	17 Basketball Pantomimes	18 Knock Down Cans Karaoke	19 Holiday Party ~ Marian & Mike Billo!
Balloon Swat Bingo!	Santa Claus Visits!	MERRY CHRISTMAS! Center Closed	25 MERRY CHRISTMAS! Center Closed	26 Matinee: <i>MiraCle on 34th Street</i>
Ladder Golf Town Hall	Fort Funston Field Trip	31 Balloon Volleyball New Year's Eve Party!	MERRY CHRISTMAS	thappy hew tyear

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.