

Contact Adult Day Services San Francisco

If you are interested in learning more about Adult Day Services of San Francisco, please contact:

Nelson Herrera, RCFE
NHerrera@CatholicCharitiesSF.org
or **415-452-3500**

Address:
50 Broad Street,
San Francisco, CA 94112

Program Hours:
9:30 AM - 3:00 PM

Office Hours:
8:00 AM - 5:00 PM

Monday - Friday
(with the exception of Federal Holidays)

Facility License:
385 600 087

Additional Information & Assistance

Adult Day Services – San Mateo County

Carmen Santoni
CSantoni@CatholicCharitiesSF.org
650-592-9325

OMI Senior Center

Sophia Lindsey
SLindsey@CatholicCharitiesSF.org
415-334-5556

This program serving the community is funded by:



SAN FRANCISCO HUMAN SERVICES AGENCY
**Department of Disability
and Aging Services**

About Catholic Charities San Francisco

For more than 170 years, Catholic Charities has served the community in times of crisis while sustaining and expanding our core social services. Our scope of services to local vulnerable populations includes providing food, shelter, homelessness prevention and housing, access to education and healthcare, immigration legal services, disaster recovery, senior case management and daycare services, youth athletics, camp, transportation, and equine therapy.

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CATHOLIC CHARITIES ADULT DAY SERVICES SAN FRANCISCO



For individuals with Physical & Cognitive disabilities, including Alzheimer's disease and Dementia

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About Adult Day
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Catholic Charities

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Catholic Charities Adult Day Services

Catholic Charities San Francisco Adult Day Services provides non-medical personal care, supervision and assistance for seniors and adults with disabilities. Located in San Francisco, Adult Day Services is a licensed program that offers a safe, supervised and therapeutic environment for individuals who may face challenges with physical function, memory or social support.

Through a variety of mentally and physically stimulating activities Adult Day San Francisco aims to enhance participants' quality of life and promote greater independence, while also providing vital support and respite for family caregivers. Adult Day Services serve as a reliable and affordable alternative to in-home care or placement in a residential facility.



Attentive and Empathetic Staff

Adult Day Services San Francisco's staff is equipped with the tools and resources necessary to provide exceptional dementia care, allowing them to manage some of the day to day worries of caregivers and family members. Through personalized care from trained professionals, ADS promotes independence among clients, fostering a sense of comfort and empowerment. The team is dedicated to maintaining the highest levels of clients' physical, mental, social and emotional well-being. This engagement leads to feelings of satisfaction and contentment, enabling clients to fully enjoy each day.

Nutrition for the Body and Mind

Catholic Charities Adult Day Services provides nutritious, delicious, and healthy lunches, along with two daily snacks. To promote hydration, clients are encouraged to drink the recommended eight glasses of water each day.

Activities

Adult Day San Francisco offers various social engagement opportunities allowing residents to communicate and express themselves. These activities also highlight skills and promote success.

Some activities include:

- Music
- Art
- Pet Therapy
- Brain Games
- Access to Nature
- Live performances
- And More!



**Learn More About
Adult Day San
Francisco**



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