

# Healthy Aging Pathways

Age at home with confidence.

## ABOUT US

Healthy Aging Pathways provides free to low-cost, personalized case management for seniors living in San Mateo, Burlingame, Millbrae, San Bruno, Hillsborough, and Foster City. Our caring professionals help seniors access resources, navigate care systems, and connect to services for confident, independent living at home.

## OUR SUPPORT:

- ✓ Information & Referral
- ✓ Short-Term Case Management
- ✓ Comprehensive Assessment & Support


## OUR PROMISE:

- Tailored Support
- Holistic Approach
- Trusted Experts
- Affordable Care
- Empowering Independence



 **VISIT OUR WEBSITE**  
hapathways.org

  
**1875 Trousdale Dr,  
Burlingame, CA 94010**

 **CONTACT US**  
(650) 239-2211  
hapathways.org

# 老龄健康之路

自信安享居家晚年。

## 关于我们

“老龄健康之路”项目为居住在圣马特奥、伯灵格姆、米尔布雷、圣布鲁诺、希尔斯伯勒和福斯特城的老年人提供免费或低费用的个性化个案管理服务。我们的专业团队以关怀的态度，帮助老年人获取资源、了解并使用各类照护体系，连接所需服务，从而自信、独立地在家中安享生活。



## 我们的支持:

- ✓ 信息与转介
- ✓ 短期个案管理
- ✓ 综合评估与支持

## 我们的承诺:

- 个性化支持
- 全方位方法
- 值得信赖的专家
- 可负担的照护
- 赋能独立生活

 访问我们的网站  
[hapathways.org](http://hapathways.org)

  
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