



Catholic Charities Adult Day Services
50 Broad Street * San Francisco, CA * 94112
Phone: (415) 452-3500



Daily Schedule:

9:30-10:30 --- Morning Social & Snack
10:45-11:30 --- Chair Exercises
11:30-12:00 --- History, News & Mind Games
12:00-1:00 --- Hot Lunch
1:00-1:45 --- Physical Games
1:45-2:30 --- Creative Arts, Bingo, Trivia
2:30-2:40 --- Afternoon Social & Snack



Francesca,
Teresa
& Rosa Lee!

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beach Ball Fun Guess the Word	4 Bowling Name Five	5 Ladder Golf Pictionary	6 Balloon Volleyball Bingo!	7 Marian & Mike Billo Entertain!
10 Pacifica Beach Field Trip!	11 Putt-Putt Golf Celebrating our Veterans!	12 Balloon Swat Pantomimes	13 Glitter Ball Pitch Town Hall	14 SPCA with Ranger Sing-along!
17 Kickball Spot the Difference	18 Rolling Ball Double O Words	19 Basketball Town Hall	20 Knock Down Cans Karaoke	21 Ping Pong Fun Riddle Time
24 Peter on the Guitar!	25 Matinee: <i>Mamma Mia!</i>	26 Tabletop Bowling Giving Thanks!	27 Happy Thanksgiving! CENTER CLOSED	28 Happy Thanksgiving! CENTER CLOSED

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.