



Catholic Charities Adult Day Services
 50 Broad Street * San Francisco, CA * 94112
 Phone: (415) 452-3500



Daily Schedule:

9:30-10:30 --- Morning Social & Snack
 10:45-11:30 --- Chair Exercises
 11:30-12:00 --- History, News & Mind Games
 12:00-1:00 --- Hot Lunch
 1:00-1:45 --- Physical Games
 1:45-2:30 --- Creative Arts, Bingo, Trivia
 2:30-2:40 --- Afternoon Social & Snack



**Jerry, Paul,
 Adela &
 Phil !**

July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Ping Pong Fun Pantomimes	2 Jeff ~ the Crooner!	3 Bowling July 4 th Party!	4 Fourth of July ~Center Closed~
7 Bean Bag Toss Double O Words	8 Knock Down Cans Town Hall	9 Fort Funston Field Trip!	10 Kickball Pictionary	11 Jazz with Todd & Friends!
14 Peter on the Guitar!	15 Ring Toss Jewelry-making	16 Matinee: "Rockabye Baby"	17 Beach Ball Fun Karaoke	18 SPCA with Ranger States & Capitals
21 Ladder Golf Name Five	22 Tabletop Bowling Bingo!	23 Mini-Basketball Riddles	24 Rolling Ball Word in a Word	25 Town Hall Ladder Golf
28 Putt-Putt Golf Guess the Word	29 Montara Beach Field Trip	30 Dart Ball Sing-a-long!	31 Paul on the Piano!	

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.