



June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Balloon Swat 2:30 Afternoon Snack 3:00 Departure	3 9:30 Morning Social + Snack 10:30 Bowling 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	4 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Ladder Golf 2:30 Afternoon Snack 3:00 Departure	5 9:30 Morning Social + Snack 10:30 Ring Toss 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	6 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Balloon Volleyball 2:30 Afternoon Snack 3:00 Departure
9 9:30 Morning Social + Snack 10:30 Kickball 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	10 9:30 Morning Social + Snack 10:30 Putt-Putt Golf 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	11 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Jeff Entertains! 2:30 Afternoon Snack 3:00 Departure	12 9:30 Morning Social + Snack 10:30 Bean Bag Toss 12:00 Hot Lunch 1:00 Chair Exercises + Town Hall 2:30 Afternoon Snack 3:00 Departure	13 9:30 Morning Social + Snack 10:30 SPCA with Ranger! 12:00 Hot Lunch 1:00 Chair Exercises + News 2:00 Father's Day Party! 3:00 Departure
16 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Rockaway Beach Field Trip 2:30 Afternoon Snack 3:00 Departure	17 9:30 Morning Social + Snack 10:30 Rolling Ball Game 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	18 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Dart Ball 2:30 Afternoon Snack 3:00 Departure	19 <div>Juneteenth ~Center Closed~</div>	20 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Paul Entertains! 2:30 Afternoon Snack 3:00 Departure
23 9:30 Morning Social + Snack 10:30 Ping Pong Fun 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	24 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Twin Peaks Field Trip 2:30 Afternoon Snack 3:00 Departure	25 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Knock Down Cans 2:30 Afternoon Snack 3:00 Departure	26 9:30 Morning Social + Snack 10:30 Tabletop Bowling 12:00 Hot Lunch 1:00 Chair Exercises + News 2:00 Bingo + Afternoon Snack 3:00 Departure	27 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 The Billos Entertain! 2:30 Afternoon Snack 3:00 Departure
30 9:30 Morning Social + Snack 10:30 Chair Exercises + Town Hall 12:00 Hot Lunch 1:00 Matinee: "Royal Wedding" 2:30 Popcorn Snack 3:00 Departure		<div>Happy Birthday, Pauline + Michael!</div>		<div>JUNETEENTH</div>

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.