	JUNE 2025				
Catholic Charities	Monday	Tuesday	Wednesday	Thursday	Friday
MARIN + SAN FRANCISCO + SAN MATEO	2	3 Caregiver Support Group	4 Memory Café	5 Pet Therapy	6 D-Day Anniversary
The Carl Gellert & Celia Berta Gellert Foundation	Truth/Myth	News & Views	Mindbenders	Pictionary	Day - Trivia/History
Adult Day Services, San Mateo County	Basketball	Shuffleboard	4 In A Row	Spin The Arrow	Shuffleboard
787 Walnut Street, San Carlos, CA 94070	Target Games	Colored Pins Bowling	Bowling For \$\$\$	Drumming Circle	Parachute
650.592.9325	Balloon Swat	Mandala Arts	Basketball	Creative Arts	Chair Zumba
	Arts & Crafts	Scarf Exercise	Bottle Weights	Knitting & Crochet	Parachute
Goodbye Goodbye	9	10	11	12 Filipino Independence Day	13 Celebrate Father's Day
May!	Mad Gabs	News & Views	20 Questions	Filipino History	Father's Day Trivia
GEE VOID MEXT VEAD Fields	Parachute	Target Games	Ring Toss	Corn Hole	Spin The Arrow
June!	Ring Toss	Floor Bowling	Volleyball	Poetry Group	Bocce Ball
PLEASE SE SPEAT	Water Coloring	Name That Tune	Aromatherapy	Colored Pins Bowling	Drumming Circle
A STATE OF THE STA	Weights Exercise	Chair Zumba	Pictionary	Aromatherapy	Mad Gabs
Basic Daily Program Structure	Guesstures	Volleyball		Pet Therapy	Exercise Bands
:30 - 10:00 Morning Snack	16	17	18 Flag Day	19 PRGRAM CLOSED	20 Summer Begins
:00 - 10:15 Mindful Check-in	Mindbenders	Charades	Guesstures		Spin The Arrow
:15 - 11:15 Exercise Group	Floor Bowling	Pickleball	Chair Volleyball		Pictionary
:15 - 11:45 Physical Activity	Target Games	Bocceball	Target Games		Putt Putt Golf
:45 - 12:30 Lunch	Aromatherapy	Name That Tune	Drumming Circle		Floor Bowling
30 - 1:00 Walking Club/Music	Chair Yoga	Scarf Exercise	Dance to 70's Music	JUNETEENTH	Conversation Ball
:00 - 1:30 Entertainment	Basketball	Hot Potato	Reminiscing	THE DAY OF FREEDOM	Volleyball
00 - 2:30 Sing-Along/Pictionary	23	24	25	26 Pet Therapy	27 Golden Tones Chorus
:30 - 2:45 Afternoon Snack	Mad Gabs	Passwords	Guesstures	Connect 4	Hangman
2:45 - 3:00 Usher clients to buses	Volleyball	Ring Toss	Outbursts	Putt Putt Golf	Cup Bowling
	Corn Hole	Target Games	Table Ring Toss	Connect 2 Tables	Ring Toss
	Chair Zumba	Cup Bowling	Word Scramble	Spin The Arrow	Dance to 80's Music
· Lets · *	Aromatherapy	Exercise Bands	Chair Yoga	Mandala Arts	Exercise Bands
2010 brooks	13		D-Day June 6th	-6-	Summer Solstice Day
	30 Mind Benders		120	Independence	
	Pictionary	IIalla		Day	100
D-Day Anniversary 6/6	Spin The Arrow	Hello		Dug.	
Father's Day 6/15	Connect 2 Tables	JULY A		PHILIPPINES	
Juneteenth 6.19	Balloon Swat	JOLI	A STATE OF THE PARTY OF THE PAR		
Madeleine H. 6/17	Bottle Weights				1
Shirley H. 6/21	Dance to 50's Music				

Activities at the Catholic Charities Adult Day Services are provided five (5) days per week. We offer a variety of activities that spark excitement in our senior's lives. They are based on our senior's capabilities, physical health and behavioral status – and of course, their personal preferences. We schedule activities that encourage our seniors to create, communicate, reminisce, and celebrate – as well as special activities to stimulate our younger population.

REMINDERS: Caregiver Support Group - FIRST Tue each month Memory Café - first Wed each month Golden Tones Chorus - last FRI each month

Memory Café