



OMI SENIOR CENTER

65 BEVERLY STREET
SAN FRANCISCO, CA 94132
(415)334-5550








Eligibility: Older Adults (60+) & Adults with disabilities (18-59)

AGE YOUR WAY!

Visit our web page: <https://catholiccharitiessf.org/omi-senior-center/>

June 2025

FACE MASKS ARE OPTIONAL IN THE CENTER
DAILY HOT MEALS AVAILABLE
TO-GO, 10:30 AM – 1 PM & IN PERSON, 12 PM – 1 PM
OPEN MONDAY THROUGH FRIDAY, 8:30 – 3 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Felton Tech Talk 9:00-10:30 AM Always Active w/ Tiffany 10:30 AM – 11:30 AM Sunny Line Dance 12:45 - 2:45 PM	3. Library On Wheels 9:30-10:30 AM CPSMP WK-6 (Eng.) 10-12 PM Gentle Seated Yoga 10:30-11:30 AM Art Class 12:00 – 2:30 PM Food Smart workshop 1-2 PM (Cantonese)	4. Felton Tech Talk 9:00-10:30 AM Always Active / Rachel 10:30 AM - 11:30 AM Spanish w/Micka 12:20-1 PM Ballroom Dancing w/ Sanka1 – 2:30 PM	5. Tai Chi Class Beginners: Tai Chi 1:00 PM – 1:40 PM 1:45 PM – 2:40 PM (Advanced)	6. Exercise Class w/ Andy 10:30 AM – 11:30 AM Art Class 12:00 PM – 2:30 PM Mobile Tutor w/Andy, Call to RSVP 1:30 PM – 2:30 PM
9. Felton Tech Talk 9:00-10:30 AM Always Active w/ Tiffany 10:30 AM – 11:30 AM Sunny Line Dance 12:45 - 2:45 PM	10. Zumba Gold w/Tiffany 10:30-11:30 AM Philippine Independence Day Celebration 12:30-2:15 PM 	11. Felton Tech Talk 9:00-10:30 AM Always Active / Rachel 10:30 AM - 11:30 AM Ballroom Dancing w/ Sanka1 – 2:30 PM	12. Waste Zero presentation 10-11 AM w/ Recology Tai Chi Class Beginners: Tai Chi 1:00 PM – 1:40 PM 1:45 PM – 2:40 PM (Advanced)	13. Father's Day Breakfast 9:30-11:45 AM Art Class 12:00 PM – 2:30 PM Mobile Tutor w/Andy, Call to RSVP 1:30 PM – 2:30 PM
16. Felton Tech Talk 9:00-10:30 AM Always Active w/ Tiffany 10:30 AM – 11:30 AM Sunny Line Dance 12:45 - 2:45 PM	17. Gentle Seated Yoga 10:30-11:30 AM Juneteenth Celebration 12:30-2 PM Art Class 12:00 – 2:30 PM	18. Felton Tech Talk 9:00-10:30 AM Always Active / Rachel 10:30 AM - 11:30 AM  Ballroom Dancing w/ Sanka1 – 2:30 PM	19. 	20. Exercise Class w/ Andy 10:30 AM – 11:30 AM Art Class 12:00 PM – 2:30 PM Mobile Tutor w/Andy, Call to RSVP 1:30 PM – 2:30 PM
23. Felton Tech Talk 9:00-10:30 AM Food Box Distribution 9:30-1 PM Always Active w/ Tiffany 10:30 AM – 11:30 AM Sunny Line Dance 12:45 - 2:45 PM	24. Zumba Gold w/Tiffany 10:30-11:30 AM C.S.C. Informal Concert 12-1 PM Art Class 12:00 – 2:30 PM Food Smart workshop 1-2 PM (Cantonese) Talk & Company w/Rachel 1:30-2:30 PM	25. BP Screening w/Teresa 9-11 AM Felton Tech Talk 9:00-10:30 AM Always Active / Rachel 10:30 AM - 11:30 AM Spanish w/Micka 12:20-1 PM Ballroom Dancing w/ Sanka 1 —2:30 PM	26. Monthly Birthday Celebration 12:30 PM Tai Chi Class Beginners: Tai Chi 1:00 PM – 1:40 PM 1:45 PM – 2:40 PM (Advanced)	27. Presidio Park 10:30-2:30 PM Exercise Class w/ Andy 10:30 AM – 11:30 AM Nutrition for Heart Health w/ Julie (On Lok) 11:30-11:50 AM Art Class 12:00 PM – 2:30 PM Mobile Tutor w/Andy, Call to RSVP 1:30 PM – 2:30 PM
30. Felton Tech Talk 9:00-10:30 AM Always Active w/ Tiffany 10:30 AM – 11:30 AM Sunny Line Dance 12:45 - 2:45 PM	 	Starting July 1st Our New Location will be at: 2612 Ocean Ave, San Francisco CA 94132 415-334-5550		

WEEKLY ACTIVITIES- CONTINUED

Mahjong

Monday – Friday

Coffee and Tea Social

Monday – Friday 9:30-2:00 PM

Computer Lab

Monday – Friday, 9:00 AM – 2:00 PM

Virtual Computer Class w/ Linda (Cantonese)

Tuesday: 10-11:30 AM (Beginner)

Wednesday: 10-11:30 AM (Advanced)

1-2:30 PM (intermediate)

Karaoke

Mon., Wed., & Fri., 9:00 AM – 10:30 AM

Food Pantry/Distribution

Thursday, 9:30 AM – 11:15 AM

Serving Zip Codes: 94112, 94127 and 94132

Choir Rehearsal w/ Beth & Sharon

Every Friday @12:30-2 pm

Upcoming July Events:

Friday, 4th of July closed

Volunteer opportunities available!

Please note that all activities are subject to change.