





March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Balloon Volleyball 2:30 Afternoon Snack 3:00 Departure	4 9:30 Morning Social + Snack 10:30 Glitter Ball Pitch 12:00 Hot Lunch 1:00 Chair Exercises + News 2:00 Mardi Gras Parade + Snack 3:00 Departure	5 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 RING Toss 2:00 St. Patrick's Day Art + Snack 3:00 Departure	6 9:30 Morning Social + Snack 10:30 Bowling 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	7 9:30 Morning Social + Snack 11:30 On Lok Nutrition Talk 12:00 Hot Lunch 1:00 Mini-basketball 2:30 Afternoon Snack 3:00 Departure
10 9:30 Morning Social + Snack 10:30 Ping Pong Fun 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	11 9:30 Morning Social + Snack 10:30 Knock Down Cans 12:00 Hot Lunch 1:00 Chair Exercises + Town Hall 2:30 Afternoon Snack 3:00 Departure	12 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Dart Ball + Pictionary 2:30 Afternoon Snack 3:00 Departure	13 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Paul Entertains! 2:30 Afternoon Snack 3:00 Departure	14 9:30 Morning Social + Snack 11:00 SPCA with Ranger! 12:00 Hot Lunch 1:00 Kickball 2:30 Popcorn Snack 3:00 Departure
17 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 St. Patrick's Day Sing-along! 2:30 Afternoon Snack 3:00 Departure	18 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Lands End Field Trip 2:30 Afternoon Snack 3:00 Departure	19 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Beach Ball Fun 2:30 Afternoon Snack 3:00 Departure	20 9:30 Morning Social + Snack 10:30 Balloon Swat + News 12:00 Hot Lunch 1:00 Happiness Day! 2:30 Afternoon Snack 3:00 Departure	21 9:30 Morning Social + Snack 11:00 Chair Exercises + News 12:00 Hot Lunch 1:00 Paper Quilt 2:00 Afternoon Snack 3:00 Departure
24 9:30 Morning Social + Snack 10:30 Ladder Golf 12:00 Hot Lunch 1:00 Billios Entertain! 2:30 Afternoon Snack 3:00 Departure	25 9:30 Morning Social + Snack 10:30 Tabletop bowling 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	26 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Bean Bag Toss 2:30 Afternoon Snack 3:00 Departure	27 9:30 Morning Social + Snack 10:30 Rolling Ball Game + News 12:00 Hot Lunch 1:00 International Balloon Day 2:30 Afternoon Snack 3:00 Departure	28 9:30 Morning Social + Snack 10:30 Chair Exercises + Town Hall 12:00 Hot Lunch 1:00 Matinee: <i>Kiss Me Kate</i> 2:30 Popcorn Snack 3:00 Departure
31 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Wilhelmina's Field Trip 2:30 Popcorn Snack 3:00 Departure				Happy Birthday, Patty! 

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.