






February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30 Morning Social + Snack 10:30 SPCA with Ranger! 12:00 Hot Lunch 1:00 Chair Exercises + News 2:00 Groundhog Day Trivia + Snack 3:00 Departure	4 9:30 Morning Social + Snack 10:30 Dart Ball 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Afternoon Snack 3:00 Departure	5 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Balloon Volleyball 2:30 Afternoon Snack 3:00 Departure	6 9:30 Morning Social + Snack 10:30 Bowling 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Afternoon Snack 3:00 Departure	7 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Mini-basketball 2:30 Afternoon Snack 3:00 Departure
10 9:30 Morning Social + Snack 10:30 Putt-Putt Golf 12:00 Hot Lunch 1:00 Montara Beach Field Trip 2:30 Afternoon Snack 3:00 Departure	11 9:30 Morning Social + Snack 10:30 Knock Down Cans 12:00 Hot Lunch 1:00 Chair Exercises + Town Hall 2:30 Afternoon Snack 3:00 Departure	12 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Tabletop Bowling 2:30 Afternoon Snack 3:00 Departure	13 9:30 Morning Social + Snack 10:30 Kickball 12:00 Hot Lunch 1:00 Chair Exercises + News 2:00 Celebrate Our Presidents + Snack 3:00 Departure	14 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Billos Entertain! 2:30 Valentine's Tea + Cookies 3:00 Departure
17 <p style="text-align: center;">President's Day CENTER CLOSED</p>	18 9:30 Morning Social + Snack 10:30 Ring Toss 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Afternoon Snack 3:00 Departure	19 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Beach Ball Fun 2:30 Afternoon Snack 3:00 Departure	20 9:30 Morning Social + Snack 10:30 Balloon Swat 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Sing-along + Snack 3:00 Departure	21 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Glitter Ball Pitch 2:00 Afternoon Snack 3:00 Departure
24 9:30 Morning Social + Snack 10:30 Ladder Golf 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	25 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Peter Entertains! 2:30 Afternoon Snack 3:00 Departure	26 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Horse Racing 2:30 Afternoon Snack 3:00 Departure	27 9:30 Morning Social + Snack 10:30 Rolling Ball Game + News 12:00 Hot Lunch 1:00 Mussel Rock Field Trip 2:30 Afternoon Snack 3:00 Departure	28 9:30 Morning Social + Snack 10:30 Chair Exercises + Town Hall 12:00 Hot Lunch 1:00 Movie Matinee: <i>Blue Hawaii</i> 2:30 Popcorn Snack 3:00 Departure
				<p style="text-align: center;">No February Birthdays! Oh, no!</p> 

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.