

Stay-Box



If you Will shelter at home during a disaster, you need to prepare a Stay-Box. We recommend to prepare your supplies for 3 at least days (72 hours). Our suggestion is to pack:

1 Gallon of water, per person, per day

Water purification pills or powder, or bleach

MRE (Meal Ready to Eat)

Baked beans cans

Tuna cans

Spam cans

Baked sausages can

Powered milked

Long lasting meals

Emergency food

Canned pears

Canned peaches

Canned pears

Canned cooked chicken

Canned pears

Canned roast beef

Canned chicken salad

Protein bars

Ramen

Plastic plates & glasses

Plastic cutlery

Plastic bags & bucket

Hygiene kit

Non rinse wash/shampoo

Wipes & toiletries

Toilet & towel paper