

# Emergency plan



You must prepare your Family's Emergency Plan to be ready for any disaster. We recommend to include, in writing:



## Emergency contacts

- List all your household members. You may include friends, caregivers, etc.
- Include people outside the area where you live who won't be affected by your local disaster .



## Medications list

- List your and all your household members prescribed medicines, allergies, etc.



## Meeting points

- List places where you can meet if it's not possible to connect with your loved ones.
- Consider meeting points in areas not affected by a local disaster.



## Escaping routes

Have in writing different routes to reach shelters, meeting points, exit your neighborhood, etc.



## Alerts & Updates

Decide with your household members, when to shelter at home and when to evacuate, based on alerts and updates. So everyone will know what to do in case you cannot communicate during the disaster.