




December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Balloon Volleyball 2:30 Afternoon Snack 3:00 Departure	3 9:30 Morning Social + Snack 10:30 Putt-Putt Golf + Town Hall 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Card Deck Bingo + Snack 3:00 Departure	4 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Dart Ball 2:30 Afternoon Snack 3:00 Departure	5 9:30 Morning Social + Snack 10:30 Bean Bag Toss + News 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Afternoon Snack 3:00 Departure	6 9:30 Morning Social + Snack 10:30 Conservatory of Music! 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure
9 9:30 Morning Social + Snack 10:30 Glitter Ball Pitch 12:00 Hot Lunch 1:00 Chair Exercises + News 2:30 Afternoon Snack 3:00 Departure	10 9:30 Morning Social + Snack 10:30 Mini-basketball 12:00 Hot Lunch 1:00 McNab Field Trip 2:30 Afternoon Snack 3:00 Departure	11 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Kickball 2:30 Afternoon Snack 3:00 Departure	12 9:30 Morning Social + Snack 10:30 Ladder Golf 12:00 Hot Lunch 1:00 HOLIDAY PARTY w/ Paul! 2:30 Refreshments 3:00 Departure	13 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Holiday Sing-Along! 2:30 Afternoon Snack 3:00 Departure
16 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Ping Pong Fun! 2:30 Afternoon Snack 3:00 Departure	17 9:30 Morning Social + Snack 10:30 Catch it! 12:00 Hot Lunch 1:00 Chair Exercises 2:00 Bingo + Snack 3:00 Departure	18 9:30 Morning Social + Snack 11:15 Santa Visits! 12:00 Hot Lunch 1:00 Jeff the Crooner! 2:30 Afternoon Snack 3:00 Departure	19 9:30 Morning Social + Snack 10:30 Balloon Swat 12:00 Hot Lunch 1:00 Chair Exercises 2:30 Afternoon Snack 3:00 Departure	20 9:30 Morning Social + Snack 11:00 SPCA with Suzie! 12:00 Hot Lunch 1:00 HOLIDAY PARTY w/ The Billos! 2:30 Refreshments 3:00 Departure
23 9:30 Morning Social + Snack 10:30 Knock Down Cans + News 12:00 Hot Lunch 1:00 Chair Exercises 2:00 Holiday Sing-Along! + Snack 3:00 Departure	24 Merry Christmas! ~CENTER CLOSED~	25 Merry Christmas! ~CENTER CLOSED~	26 9:30 Morning Social + Snack 10:30 Rolling Ball Game + News 12:00 Hot Lunch 1:00 Movie Matinee: <i>White Christmas</i> 2:30 Popcorn Snack 3:00 Departure	27 9:30 Morning Social + Snack 10:30 Chair Exercises + Town Hall 12:00 Hot Lunch 1:00 Tic-Tac-Toe 2:30 Afternoon Snack 3:00 Departure
30 9:30 Morning Social + Snack 10:30 Chair Exercises + News 12:00 Hot Lunch 1:00 Rockaway Beach Field Trip 2:30 Afternoon Snack 3:00 Departure	31 9:30 Morning Social + Snack 10:30 Bowling + News 12:00 Hot Lunch 2:00 New Year's Eve Dance Party! 2:30 Afternoon Snack 3:00 Departure			No Birthdays in December! 

Activities at Catholic Charities Adult Day Services are provided five (5) days a week. We offer a variety of activities that spark excitement into the lives of our seniors. They are based on our senior's capabilities, physical health, and behavioral status and of course, personal preference. We present activities that encourage our seniors to create, communicate, reminisce, and celebrate as well as special activities to stimulate our younger population. All activities are subject to change.