

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			5/1	5/2	5/3	5/4
			Baked Pork Spareribs w/ bean Sauce	Baked Fish w/ Creamy Garlic Lemon Sauce	Baked Chicken Wings w/Rosemary & Oyster Sauce	
			Bok Choy & Carrots	Green Cabbage & Carrots	Green Peas,Okra & Carrots	
			Apple	Banana	Orange	
5/5	5/6	5/7	5/8	5/9	5/10	5/11
	Baked Turkey Thigh w/ Black Pepper & Honey Sauce	Baked Fish w/ Sha Cha Sauce	Baked Chicken Drumette w/ Five Spice Sauce	Baked Pork Chop w/ Onion & Tomato Sauce	Minced Beef w/ Oatmeal & Oyster Sauce	
	Garbanzo Bean, Cabbage & Carrots	Shanghai Bok Choy & Carrots	Broccoli & Carrots	Cauliflower & Carrots	Zucchini & Yellow Squash	
	Orange	Banana	Apple	Banana	Orange	
5/12	5/13	5/14	5/15	5/16	5/17	5/18
	Baked Chicken Thigh w/Apple Cinnamon	Beef w/ Sweet & Chili	Baked Fish w/ Pickles Sauce	Baked Chicken Quarter Leg w/ Ginger	Baked Pork w/ Fermented Beancurd	
	Napa Cabbage & Red Pepper	Green Cabbage & Carrots	Cauliflower & Carrots	Green Pepper & Mushroom,Red Kidney Beans	Mustard Greens	
	Apple	Banana	Apple	Banana	Orange	
5/19	5/20	5/21	5/22	5/23	5/24	5/25
	Minced Pork Patty w/ Shitake Mushrooms	Braised Turkey Thigh w/Gravy Sauce	Baked Pork Spareribs w/ Garlic & Black Bean Sauce	Baked Fish w/ Corn Sauce	Baked Chicken w/Curry Sauce	
	Broccoli & Carrots	Spinach & Garbanzo Beans	Kale, Napa Cabbage & Carrots	Green Cabbage & Baby Corn	Bokchoy & Carrots	
	Apple	Orange	Mandarin Orange	Apple	Banana	
5/26	5/27	5/28	5/29	5/30	5/31	
	Baked Chicken Wings w/Honey Mustard	Baked Fish w/Tartar Sauce	Minced Beef w/Mongolian Sauce	Baked Chicken Thigh w/ Teriyaki Sauce	Baked Pork Chop w/Lemongrass Sauce	
	Green Peas,Corn & Carrots	Napa Cabbage & Carrots	Shanghai Bok Choy	Turnips & Carrots	Beets & Purple Cabbage	
	Orange	Orange	Apple	Banana	Orange	