

CYO Summer Camp Packing List



The list below is a suggestion of what your camper should pack for their session of summer camp. Please involve your camper in the packing process to familiarize them with what they are bringing to camp. Some items are optional. There are some items that are mandatory for all campers. Please note these items carefully. All items brought to camp should be clearly marked with the camper's first and last name or initials. CYO Camp is not responsible for lost or damaged items.

Bedding

Packed	Brought	Home
	Sleeping Bag	
	Fitted Sheet for Bunk Bed (optional)	
	Pillow	

Clothing

Packed		Brought	Home
	Underwear (daily change)		
	Socks (daily change)		
	Shorts (x4)		
	Sweatshirt/Sweater (x2)		
	T-shirts (daily change)		
	Jeans / Sweat Pants (x2)		
	Long Sleeve Shirt (x2)		
	Light Jacket /Coat		
	Pajamas		
	Swimsuit / Trunks		
	Closed toe Shoes (2 pair)		
	Sandals /Shoes that can	get wet	
	Hat /Baseball Cap		

Toiletries/Miscellaneous

Packed	Brought	Home
	Shampoo/Conditioner	
	Soap	
	Toothpaste & Toothbrush	
	2 Towels & Washcloths	
	Shower Shoes or Flip Flops	
	Laundry Bag (trash bag works great!)	
	Insect Repellent/Sunscreen	
	Sunglasses	
	Water Bottle	
	Backpack	
	Deodorant	

Optional Items

Packed		Brought	Home
	White T-shirt for Tye-Dye		
	Stationary / Envelopes / Stamps		
	Flashlight		
	Camera /Film (disposable type is best)		
	Stuffed Animal		
	Journal or Book		
	Goggles for the pool		

Please DO NOT Bring These Items to Camp All Electronics (including cell phones) Items of Value (such as jewelry) & Money Food / Candy / Snacks Knives / Weapons Tobacco / Drugs

"Leaving our electronics at home will help us experience nature at CYO Camp!" $\sim 5^{th}$ grade camper

Medication

Medications (except inhalers and epi-pens) must be given to the staff member at the bus stop at time of check-in in a ziploc bag with the campers name on it. Medications must be in the original container. For over-the-counter medications instructions must be on the camper's health form. M edications will be returned at the end of the session.