

## **Catholic Charities Adult Day Services, San Mateo County**

A licensed program providing a safe, supervised, therapeutic, and friendly environment for seniors and adults with cognitive or physical impairments who experience losses in physical function, memory, or social interaction.

Through mentally and physically stimulating activities, the program enhances participants' quality of life and increases their independence while providing support and much needed relief to family caregivers.

Adult day care centers provide a reliable and affordable alternative compared to in-home care or placement in higher level of care.



## **Contact Adult Day Services**

If you are interested in learning more about Adult Day Services of San Mateo, please contact Carmen Santoni at CSantoni@CatholicCharitiesSF.org or 650-592-9325.

> Office Hours: 8:00 AM – 5:00 PM Monday - Friday Program Hours: 9:30 AM – 3:00 PM (inquire about extended hours)

787 Walnut Street, San Carlos, CA 94070

